



Karol Swartzlander, Executive Director  
Gavin Newsom, Governor

## PRESS RELEASE

### California Commission on Aging

FOR IMMEDIATE RELEASE

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### California Commission on Aging Hosts Legislative Outreach Event on Aging and Disability

**SACRAMENTO, Calif.** — The California Commission on Aging (CCoA) is gearing up for its fourth annual legislative outreach event, “Aging & Disability: What Legislative Staff Need to Know for 2026,” scheduled for Thursday, January 15, 2026. This one-hour virtual briefing is designed to equip legislative staff with timely insights into the most pressing aging and disability policy issues shaping the upcoming legislative session.

California’s rapidly changing demographics underscore the urgency of these issues. The population of Californians aged 65 and older is growing faster than any other age group. By **2040, nearly one in four Californians will be age 65 or older**, up from about 14% in 2020 — a **59% increase** over that period, according to the Public Policy Institute of California. This shift has significant implications for state policy, including health care, long-term services and support, housing, workforce development, transportation, and community infrastructure.

Tailored specifically for legislative staff, the Commission’s fast-paced session will feature **ten subject matter experts** delivering **four-minute, rapid-fire presentations** on key policy priorities affecting older adults and individuals with disabilities. In just 60 minutes, participants will gain a concise, high-level overview of emerging issues and connect with experts working at the forefront of aging and disability policy.



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“This is a unique opportunity for legislative staff to quickly understand the critical issues on the horizon for aging and disability policy in California,” said **CCoA Executive Director Karol Swartzlander**. “We’ve designed this event to be informative, concise, and interactive, ensuring participants leave with the knowledge and connections needed to make a difference.”

### Why Attend?

- **Learn from leading experts** on aging and disability policy
- **Get up to speed quickly** on critical legislative issues
- **Build a network** of trusted subject matter experts

### Event Details

- **Date:** Thursday, January 15, 2026
- **Time:** 11:00 a.m. – 12:00 p.m. PST
- **Location:** Virtual (unique Zoom link provided upon registration)
- **Registration:** Legislative staff are encouraged to register in advance.

[Please register online here.](#)

For more information about the California Commission on Aging, this legislative outreach event, or to view the event’s agenda, [visit the CCoA website.](#)

As the state’s principal advocacy body for older adults, the California Commission on Aging advises state leaders, legislators, and governmental agencies on policies and programs that promote fairness, autonomy, choice, and dignity for all older Californians.